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"The pace of growth for the VMS (vitamins, minerals, and supplements) market remains steady, as sales are estimated to increase by 5.1% in 2018, reaching \$24.5 billion. Yet consumer emphasis on value and lack of product understanding are a challenge to the category."

Mariago Cilbort, Associata Director, Health &

 Marissa Gilbert, Associate Director - Health & Wellness

This report looks at the following areas:

To best position themselves, category players should emphasize specific product benefits, increase online presence, and target trending health topics to drive growth.

- Prior experience is the strongest influencer among key consumers
- Value-driven young adults are the future of the market
- Medical professionals lack engagement in VMS market

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DID YOU KNOW?

This report is part of a series of reports, produced to provide you with a more holistic view of this market



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VMS use is established

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